

# SPANISH FOR CRUISERS

## Mexican Food Shopping List

COURTESY PHRASES		
Good morning.	<b>Buenos días.</b>	Bweh-nohss dee-ahss.
Good afternoon.	<b>Buenas tardes.</b>	Bweh-nahss tahr-dehss.
It's fine.	<b>Está bien.</b>	Ehss-tah b'yehn.
See you later.	<b>Hasta luego.</b>	Ahss-tah lweh-goh.
I'm only looking.	<b>Sólo estoy mirando.</b>	Soh-loh ehss-toy mee-rahndoh.
May I help you? What did you say?	<b>¿Mande? (Mex)</b>	Mahn-deh?

Always say **Buenos días** or **Buenas tardes** to the clerk when you enter a store.

Always say **Gracias**, and **Hasta Luego** or **Adios** when you leave.

DO YOU HAVE ...?		
Do you have ... ?	<b>¿Tiene ...?</b>	T'yeh-neh ...?
Is there any ...?	<b>¿Hay ... ?</b>	Eye ... ?
I am looking for ...	<b>Estoy buscando ...</b>	Ehss-toy booss-kahn-doh ...
Where can I buy ...?	<b>¿Dónde puedo comprar ...?</b>	Dohn-deh pweh-doh kohm-prahr ...?
Can I have a taste/try it?	<b>¿Puedo probar?</b>	Pweh-doh proh-bahr?
How much is it ... ?	<b>¿Cuánto cuesta ...?</b>	Kwahn-toh kwehss-tah ... ?
› per kilo / each ?	› el kilo / cada uno (c/u) ?	› ehl kee-loh / kah-dah oo-noh?



¿Hay pollo entero?

Do you have whole chicken?

Quiero medio kilo de carne molida.

I want a half-kilo of ground beef.



Quiero carne de res para asar.

I want beef to grill/roast.



WHAT YOU WANT		
I want ... (please)	<b>Quiero ... (por favor)</b>	K'yeh-roh ... (pohr fah-vohr)
› a half-kilo of ... (~ 1 pound)	› medio kilo de ...	› mehd-yoh kee-loh deh ...
› a quarter kilo of ... (~ 1/2 pound)	› un cuarto de kilo de ...	› oon kwahr-toh deh kee-loh deh ...
› 200 grams of this. (~ 7 ounces)	› 200 gramos de esto.	200 grah-mohss deh ehss-toh.
That's all. Thank you.	Es todo. <b>Gracias.</b>	Ehss toh-doh. Grahss-yahss.

MEAT	la	carne	kahr-neh
<b>b</b> bacon	el	tocino	toh-see-noh
beef	la	<b>carne de res</b>	kahr-neh deh rehss
<b>c</b> chop	la	chuleta	choo-leh-tah
cutlet (tenderized)	la	milanesa	mee-lah-neh-sah
<b>d</b> duck	el	pato	pah-toh
<b>g</b> goat	el	chivo	chee-voh
goat, kid	el	cabrito	kah-bree-toh
ground meat	la	<b>carne molida</b>	kahr-neh moh-lee-dah
<b>h</b> ham	el	jamón	hah-mohn
<b>l</b> lamb	el	cordero	kohr-deh-roh
	el	borrego	boh-rreh-goh
leg	la	pierna	p'yehr-nah
liver	el	hígado	ee-gah-doh
<b>p</b> pork, pig	el	puerco	pwehr-koh
	el	cochino	koh-chee-noh
	el	cerdo	sehr-doh
<b>r</b> ribs	las	costillas	kohss-tee-yahss
<b>s</b> sausage	el	chorizo	choh-ree-soh
steak	el	bistec	beess-tehk
<b>t</b> tenderloin	el	lomo	loh-moh
turkey	el	pavo	pah-voh
	el	guajolote	gwah-hoh-loh-teh
<b>v</b> veal	la	ternera	tehr-neh-rah

STORE	la	tienda	t'yehn-dah
<b>b</b> bakery	la	panadería	pah-nah-deh-ree-ah
butcher shop	la	carnicería	kahr-nee-seh-ree-ah
<b>f</b> fish market	la	pescajería	pehss-kah-deh-ree-ah
<b>g</b> grocery store	la	<b>tienda de abarrotes</b>	t'yehn-dah deh ah-bah-rroh-tehss
<b>m</b> market	el	mercado	mehr-kah-doh
<b>s</b> supermarket	el	supermercado	soo-pehr-mehr-kah-doh
	el	hipermercado	ee-pehr-mehr-kah-doh
<b>t</b> tortilla factory	la	tortillería	tohr-tee-yeh-ree-ah

POULTRY	las	aves (de corral)	ah-vehss (deh koh-rrahl)
<b>b</b> breast (chicken)	la	pechuga	peh-choo-gah
<b>c</b> chicken	el	pollo	poh-yoh
<b>d</b> duck	el	pato	pah-toh
<b>h</b> hen	la	gallina	gah-yee-nah
<b>l</b> leg	la	pierna	p'yehr-nah
<b>t</b> thigh (poultry)	el	muslo	moos-loh
	el	pavo	pah-voh
turkey	el	guajolote	gwah-hoh-loh-teh
	el	pavo	pah-voh
<b>w</b> wings	las	alas	ah-lahss

DESCRIPTION		
cut-up, cubed	<b>en trozos</b>	ehn troh-sohss
fresh	<b>fresco, -a</b>	frehss-koh
frozen	congelado, -a	kohn-heh-lah-doh, -ah
smoked	ahumado, -a	ah-oo-mah-doh, -ah
whole	entero, -a	ehn-teh-roh, -ah
with bone / fat	<b>con hueso / grasa</b>	kohn weh-soh / grah-sah
without bone / fat	<b>sin hueso / grasa</b>	seen weh-soh / grah-sah

WHAT YOU PLAN TO USE IT FOR		
to roast, grill	<b>para asar</b>	pah-rah ah-sahr
for stew	<b>para guisar</b>	pah-rah ghee-sahr
to cook ...	<b>para cocinar ...</b>	pah-rah koh-see-nahr

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VEGETABLES (A – S)			
<b>a</b>	artichoke	la <b>alcachofa</b>	ahl-kah- <b>choh</b> -fah
	asparagus	el <b>espárrago</b>	ehss- <b>pah</b> -rrah-goh
	avocado	el <b>aguacate</b>	ah-gwah- <b>kah</b> -teh
<b>b</b>	beans	los <b>frijoles</b>	free- <b>hoh</b> -lehss
	beans, green	los <b>ejotes</b>	eh- <b>hoh</b> -tehss
	beets	las <b>remolachas</b>	reh-moh- <b>lah</b> -chahss
		los <b>betabeles (Mex)</b>	beh-tah- <b>beh</b> -lehss
	broccoli	el <b>brócoli</b>	<b>broh</b> -koh-lee
	Brussels sprout	el <b>col de Bruselas</b>	<b>kohl deh</b> broo-seh-lahss
<b>c</b>	cabbage	el <b>col</b>	<b>kohl</b>
		el <b>repollo</b>	reh- <b>poh</b> -yoh
	cactus paddles	los <b>nopales</b>	noh- <b>pah</b> -lehss
	carrot	la <b>zanahoria</b>	sah-nah- <b>ohr</b> -yah
	cauliflower	la <b>coliflor</b>	koh-lee- <b>flohr</b>
	celery	el <b>apio</b>	ah- <b>p'yoh</b>
	chayote	el <b>chayote (Mex)</b>	chah- <b>yoh</b> -teh
	chile pepper, hot	el <b>chile picoso</b>	<b>chee</b> -leh pee- <b>koh</b> -tsoh
	chile, sweet	el <b>chile dulce</b>	<b>chee</b> -leh <b>dool</b> -seh
	corn	el <b>maíz</b>	mah- <b>eess</b>
	corn on the cob	el <b>elote</b>	eh- <b>loh</b> -teh
	cucumber	el <b>pepino</b>	peh- <b>pee</b> -noh
<b>e</b>	eggplant	la <b>berenjena</b>	beh-rehn- <b>heh</b> -nah
	endive	la <b>escarola</b>	ehss-kah- <b>roh</b> -lah
<b>g</b>	garlic	el <b>ajo</b>	ah- <b>hoh</b>
<b>l</b>	leek	el <b>ajo porro</b>	ah- <b>hoh poh</b> -rroh
		el <b>puerro</b>	<b>pweh</b> -rroh
	lentils	las <b>lentejas</b>	lehn- <b>teh</b> -hahss
	lettuce	la <b>lechuga</b>	leh- <b>choo</b> -gah
<b>m</b>	mushroom	el <b>champiñón</b>	chahm-peen- <b>yohn</b>
		el <b>honggo</b>	<b>ohn</b> -goh
<b>o</b>	olives	las <b>aceitunas</b>	ah-say- <b>too</b> -nahss
	onion	la <b>cebolla</b>	seh- <b>boh</b> -yah
<b>p</b>	peas	los <b>chícharos</b>	<b>chee</b> -chah-rohss
	pepper, bell	el <b>pimiento morrón</b>	peem- <b>yehn</b> -toh moh- <b>rroh</b> n
		el <b>chile morrón</b>	chee-leh moh- <b>rroh</b> n
	▶ green / red	▶ <b>verde / rojo</b>	▶ <b>vehr</b> -deh / <b>roh</b> -hoh
	plantain	el <b>plátano (macho)</b>	<b>plah</b> -tah-noh ( <b>mah</b> -choh)
	potato	la <b>papa</b>	<b>pah</b> -pah
	prickly pear	la <b>tuna</b>	<b>too</b> -nah
	pumpkin	la <b>calabaza</b>	kah-lah- <b>bah</b> -sah
<b>r</b>	radish	el <b>rábano</b>	<b>rah</b> -bah-noh
<b>s</b>	spinach	la <b>espinaca</b>	ehss-pee- <b>nah</b> -kah
	squash	la <b>calabaza</b>	kah-lah- <b>bah</b> -sah
	squash flower	la <b>flor de calabaza</b>	<b>flohr deh</b> kah-lah- <b>bah</b> -sah
	sweet potato	el <b>camote (Mex)</b>	kah- <b>moh</b> -teh
	swiss chard	las <b>acelgas</b>	ah- <b>sehl</b> -gahss



Este chile ...  
¿Es picoso o dulce?  
This pepper, is  
it hot or sweet?

VEGETABLES (T – Z)			
<b>t</b>	tomatillo, "green tomato"	el <b>tomatillo</b>	toh-mah- <b>tee</b> -yoh
		el <b>tomate verde</b>	toh- <b>mah</b> -teh <b>vehr</b> -deh
	tomato	el <b>tomate</b>	toh- <b>mah</b> -teh
		el <b>jitomate</b>	hee-toh- <b>mah</b> -teh
	turnip	el <b>nabo</b>	<b>nah</b> -boh
<b>v</b>	vegetables	las <b>legumbres</b>	leh- <b>goom</b> -brehss
		las <b>verduras</b>	vehr- <b>doo</b> -rahss
		los <b>vegetales</b>	veh-heh- <b>tah</b> -lehss
<b>z</b>	zucchini	las <b>calabazas verdes</b>	kah-lah- <b>bah</b> -sahss <b>vehr</b> -dehss

FRUIT			
	la <b>fruta</b>	<b>froo</b> -tah	
<b>a</b>	apple	la <b>manzana</b>	mahn- <b>sah</b> -nah
	apricot	el <b>chabacano (Mex)</b>	chah-bah- <b>kah</b> -noh
<b>b</b>	banana	el <b>plátano</b>	<b>plah</b> -tah-noh
		la <b>banana</b>	bah- <b>nah</b> -nah
<b>c</b>	cantaloupe	el <b>melón</b>	meh- <b>lohn</b>
	cherry	la <b>cereza</b>	seh- <b>reh</b> -ssah
	coconut	el <b>coco</b>	koh-koh
	custard apple	la <b>chirimoya (Mex)</b>	chee-ree- <b>moh</b> -yah
<b>g</b>	grape	la <b>uva</b>	<b>ooh</b> -vah
	grapefruit	la <b>toronja</b>	toh- <b>rohn</b> -hah
	guava	la <b>guayaba</b>	gwah- <b>yah</b> -bah
<b>h</b>	hibiscus flower	la <b>jamaica</b>	hah- <b>mah'ee</b> -kah
<b>l</b>	lime, lemon	el <b>limón</b>	lee- <b>mohn</b>
<b>m</b>	mango	el <b>mango</b>	mahn-goh
<b>o</b>	orange	la <b>naranja</b>	nah- <b>rahn</b> -hah
<b>p</b>	papaya	la <b>papaya</b>	pah- <b>pah</b> -yah
	peach	el <b>durazno</b>	doo- <b>rahss</b> -noh
	pineapple	la <b>piña</b>	<b>peen</b> -yah
	plum	la <b>ciruela</b>	seer- <b>weh</b> -lah
	prune	la <b>ciruela pasa</b>	seer- <b>weh</b> -lah <b>pah</b> -sah
	pomegranate	la <b>granada</b>	grah- <b>nah</b> -dah
<b>r</b>	raisins	las <b>pasitas</b>	pah- <b>see</b> -tahss
	raspberry	la <b>framuesa</b>	frahm- <b>bweh</b> -sah
<b>s</b>	soursop	la <b>guanábana</b>	gwah- <b>nah</b> -bah-nah
	strawberry	la <b>fresa</b>	<b>freh</b> -sah
<b>t</b>	tamarind	el <b>tamarindo</b>	tah-mah- <b>reen</b> -doh
	tangerine	la <b>mandarina</b>	mahn-dah- <b>ree</b> -nah
<b>w</b>	watermelon	la <b>sandía</b>	sahn- <b>dee</b> -ah

DESCRIPTION		
green	<b>verde</b>	<b>vehr</b> -deh
ripe	<b>maduro, -a</b>	mah- <b>doo</b> -roh
spicy hot	<b>picoso, -a</b>	pee- <b>koh</b> -soh, -ah
	<b>picante</b>	pee- <b>kahn</b> -teh
sweet	<b>dulce</b>	<b>dool</b> -seh
to eat today	<b>para comer hoy</b>	<b>pah</b> -rah koh- <b>mehr oy</b>

Spicy-hot is ...  
 ☞ **picante** when  
 talking about  
 food or sauces.  
 ☞ **picoso** when  
 referring to a  
 pepper.

¿Cuánto cuesta  
el kilo?

How much does it cost per kilo?

Quiero un aguacate  
para comer hoy.

I want an avocado to eat today.

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<b>FISH</b> (FOR COOKING)	el	pescaado	pehss-kah-doh
fish (alive)	el	<b>pez</b>	pehss
<b>b</b> barracuda	la	<b>barracuda</b>	bah-rrah-koo-dah
	la	<b>picuda</b>	pee-koo-dah
<b>c</b> cod, dried	el	<b>bacalao</b>	bah-kah-lah-oh
<b>f</b> fillet	el	<b>filete</b>	fee-leh-teh
fish steak	la	<b>rueda</b>	r'weh-dah
flounder	el	<b>lenguado</b>	lehn-gwah-doh
<b>g</b> grouper	el	<b>mero</b>	meh-roh
<b>m</b> mahi mahi	el	<b>dorado</b>	doh-rah-doh
mackerel	la	<b>sierra</b>	s'yeh-rrah
mullet	la	<b>lisa</b>	lee-sah
<b>p</b> parrotfish	el	<b>perico / loro</b>	peh-rree-koh / loh-roh
<b>s</b> salmon	el	<b>salmón</b>	sahl-mohn
sardines	las	<b>sardinas</b>	sahr-dee-nahss
sea bass	la	<b>cabrilla</b>	kah-bree-yah
shark	el	<b>tiburón</b>	tee-boo-rohn
shark, small	el	<b>cazón</b>	kah-sohn
snapper	el	<b>pargo</b>	pahr-goh
snapper, red	el	<b>huachinango (Mex)</b>	wah-chee-nahn-goh
snook	el	<b>róbalo, robalo</b>	roh-bah-loh, roh-bah-loh
swordfish	el	<b>pez espada</b>	pehss ehss-pah-dah
<b>t</b> triggerfish	el	<b>cochito</b>	koh-chee-toh
tuna	el	<b>atún</b>	ah-toon
<b>y</b> yellowtail, jack	el	<b>jurel</b>	hoo-rehl
<b>w</b> weakfish, croaker	la	<b>corvina</b>	kohr-vee-nah
› whole		› <b>entero, -a</b>	› ehn-teh-roh, -ah

<b>SHELLFISH</b>	los	mariscos	mah-reess-kohss
<b>a</b> abalone	el	<b>abulón</b>	ah-boo-lohn
<b>c</b> clams	las	<b>almejas</b>	ahl-meh-hahss
conch	el	<b>caracol (Mex)</b>	kah-rah-kohl
crab	la	<b>jaiba</b>	ha'ee-bah
	el	<b>cangrejo</b>	kahn-greh-hoh
crawfish	las	<b>langostinas (Mex)</b>	lahn-goh-ste-nahss
<b>l</b> lobster	la	<b>langosta</b>	lahn-gohss-tah
<b>m</b> mussels	los	<b>mejillones</b>	meh-hee-yoh-nehss
<b>o</b> octopus	el	<b>pulpo</b>	pool-poh
oysters	los	<b>ostiones</b>	ohss-t'yoh-nehss
<b>s</b> scallops	los	<b>callos</b>	kah-yohss
shrimp	los	<b>camarones</b>	kah-mah-roh-nehss
squid	los	<b>calamares</b>	kah-lah-mah-rehss

<b>PHRASES</b>		
Where is this from?	¿De dónde es?	Deh dohn-deh ehss?
Is it from today?	¿Es de hoy?	Ehss deh oy?
Can you clean it?	¿Puede limpiarlo?	Pweh-deh leem-p'yahr-loh?
Can you cut it ...	¿Puede cortarlo ...	Pweh-deh kohr-tahr-loh ...
› into steaks / fillets?	› <b>en ruedas / filetes?</b>	› ehn r'weh-dahss / fee-leh-tehss?
A little more / less.	<b>Un poco más / menos.</b>	<b>Oon poh-koh mahss / meh-nohss</b>
What is this?	¿Qué es esto?	Keh ehss ehss-toh?



¿Puede limpiarlo y cortarlo en filetes?

Can you clean it and cut it into fillets?

<b>SPICES</b>	las	especies	ehss-pehss-yahss
<b>a</b> annato (coloring)	el	<b>achiote</b>	ah-ch'yoh-teh
<b>c</b> cinnamon	la	<b>canela</b>	kah-neh-lah
clove	el	<b>clavo</b>	klah-voh
cumin	el	<b>comino</b>	koh-mee-noh
<b>g</b> ginger	el	<b>jengibre</b>	hehn-hee-breh
<b>m</b> mustard	la	<b>mostaza</b>	mohss-tah-sah
<b>n</b> nutmeg	la	<b>nuez moscada</b>	n'wehss mohss-kah-dah
<b>p</b> pepper, black	la	<b>pimienta negra</b>	peem-yehn-tah neh-grah
<b>v</b> vanilla	la	<b>vainilla</b>	vah'ee-nee-yah
› ground		› <b>molido, -a</b>	› moh-lee-doh, -ah

<b>HERBS</b>	las	hierbas	yehr-bahss
<b>b</b> basil	la	<b>albahaca</b>	ahl-bah-ah-kah
bay	el	<b>laurel</b>	low-rehl
<b>c</b> coriander	el	<b>cilantro</b>	see-lahn-troh
<b>d</b> dill	el	<b>eneldo</b>	eh-nehl-doh
<b>m</b> marjoram	la	<b>mejorana</b>	meh-hoh-rah-nah
<b>o</b> oregano	el	<b>orégano</b>	oh-reh-gah-noh
<b>p</b> parsley	el	<b>perejil</b>	peh-reh-heel
peppermint	la	<b>menta</b>	mehn-tah
<b>r</b> rosemary	el	<b>romero</b>	roh-meh-roh
<b>s</b> sage	la	<b>salvia</b>	sahlv-yah
spearmint	la	<b>hierba buena</b>	yehr-bah bweh-nah
<b>t</b> tarragon	el	<b>estragón</b>	ehss-trah-gohn
thyme	el	<b>tomillo</b>	toh-mee-yoh

<b>Nuts</b>	las	nueces	nweh-sehss
<b>a</b> almond	la	<b>almenra</b>	ahl-mehn-drah
<b>c</b> cashew	el	<b>marañón</b>	mah-rah-n-yohn
coconut	el	<b>coco</b>	koh-koh
<b>p</b> peanut	el	<b>cacahuate (Mex)</b>	kah-kah-wah-teh
pecan	la	<b>nuez</b>	n'wehss
pine nuts	los	<b>piñones</b>	peen-yoh-nehss
pumpkin seeds	las	<b>pepitas</b>	peh-pee-tahss
<b>s</b> seeds	las	<b>semillas</b>	seh-mee-yahss
sesame	el	<b>ajonjolí</b>	ah-hohn-hoh-lee

¿Qué es esto?

What is this?

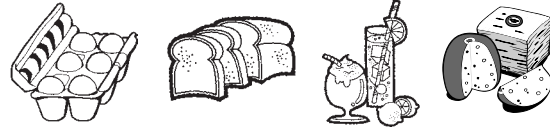
¿De dónde es?

Where is it from?

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GROCERIES	los	abarrotes	ah-bah-rroh-tehss
<b>b</b> baking powder	el	<b>polvo para hornear</b>	<b>pohl-voh pah-rah ohr-neh-ahr</b>
baking soda	el	bicarbonato	bee-kahr-boh-nah-toh
bread	el	<b>pan</b>	<b>pahn</b>
› whole-wheat		› <b>integral</b>	› een-teh-grahl
<b>c</b> cake	el	<b>pastel</b>	<b>pahss-tehl</b>
candy	el	<b>dulce</b>	<b>dool-seh</b>
capers	las	alcaparras	ahl-kah-pah-rrahss
cereal	los	cereales	seh-reh-ah-lehss
charcoal	el	<b>carbón</b>	<b>kahr-bohn</b>
chocolate	el	chocolate	choh-koh-lah-teh
cookies	las	<b>galletas (dulces)</b>	<b>gah-yeh-tahss (dool-sehss)</b>
crackers	las	<b>galletas (saladas)</b>	<b>gah-yeh-tahss (sah-lah-dahss)</b>
<b>e</b> eggs	los	<b>huevos</b>	<b>weh-vohss</b>
	los	blanquillos	blahn-kee-yohss
<b>f</b> flour (wheat)	la	<b>harina (de trigo)</b>	<b>ah-ree-nah (deh tree-goh)</b>
<b>h</b> honey	la	<b>miel</b>	<b>m'yehl</b>
horseradish	el	<b>rábano fuerte</b>	<b>rah-bah-noh fwehr-teh</b>
<b>i</b> ice	el	<b>hielo</b>	<b>yeh-loh</b>
<b>j</b> jam	la	mermelada	mehr-meh-lah-dah
<b>l</b> lard	la	<b>manteca de puerco</b>	<b>mahn-teh-kah deh pwehr-koh</b>
<b>m</b> mayonnaise	la	mayonesa	mah-yoh-neh-sah
mustard	la	mostaza	mohss-tah-sah
<b>n</b> noodles	los	fideos	fee-deh-ohss
<b>o</b> oatmeal	la	avena	ah-veh-nah
oil	el	aceite	ah-seh-teh
› olive		› de oliva	› <b>deh oh-lee-vah</b>
› sunflower		› de girasol	› <b>deh hee-rah-sohl</b>
olives	las	aceitunas	ah-seh-too-nahss
<b>p</b> paper towels	las	<b>toallas de papel</b>	<b>toh-ah-yahss deh pah-pehl</b>
pasta	la	<b>pasta</b>	<b>pahss-tah</b>
peanut butter	la	<b>crema de cacahuates</b>	<b>kreh-mah deh kah-kah-wah-tehss</b>
<b>r</b> rice	el	<b>arroz</b>	<b>ah-rrohss</b>
<b>s</b> salt	la	<b>sal</b>	<b>sahl</b>
sauce, hot	la	<b>salsa picante</b>	<b>sahl-sah pee-kahn-teh</b>
shortening	la	<b>manteca vegetal</b>	<b>mahn-teh-kah veh-heh-tahl</b>
soap	el	<b>jabón</b>	<b>hah-bohn</b>
soup	la	<b>sopa</b>	<b>soh-pah</b>
soy sauce	la	<b>salsa de soya</b>	<b>sahl-sah deh soy-yah</b>
sugar	el	<b>azúcar</b>	<b>ah-soo-kahr</b>
sugar, (brown loaf)	la	piloncillo	pee-lohn-see-yoh
starch, corn	la	maizena	mah'y-seh-nah
<b>t</b> toilet paper	el	<b>papel higiénico</b>	<b>pah-pehl ee-h'yeh-nee-koh</b>
tortilla	la	tortilla	tohr-tee-yah
› corn		› <b>de maíz</b>	› <b>deh mah-eess</b>
› wheat		› <b>de trigo</b>	› <b>deh tree-goh</b>
tortilla mix	la	<b>masa harina</b>	<b>mah-sah ah-ree-nah</b>
<b>v</b> vinegar	el	<b>vinagre</b>	<b>vee-nah-greh</b>
<b>y</b> yeast (baker's)	la	levadura	leh-vah-doo-rah



BEVERAGES	las	bebidas	beh-bee-dahss
<b>b</b> beer	la	<b>cerveza</b>	<b>sehr-veh-sah</b>
<b>c</b> coffee	el	<b>café</b>	<b>kah-feh</b>
› beans		› <b>en granos</b>	› ehn <b>grah-nohss</b>
› ground		› <b>molido</b>	› moh-lee-doh
<b>f</b> flavored waters	el	<b>agua fresca</b>	<b>ah-gwah frehss-kah</b>
<b>j</b> juice	el	<b>jugo</b>	<b>hoo-goh</b>
<b>s</b> soft drink	el	<b>refresco</b>	<b>reh-frehss-koh</b>
	la	<b>gaseosa</b>	<b>gah-seh-oh-sah</b>
shake (fruit/milk)	el	<b>licuado</b>	<b>lee-kwah-doh</b>
<b>t</b> tea	el	<b>té</b>	<b>teh</b>
<b>r</b> rum	el	<b>ron</b>	<b>rohn</b>
<b>w</b> water	el	<b>agua</b>	<b>ah-gwah</b>
› purified		› <b>purificada</b>	› poo-ree-fee-kah-dah
wine, white	el	<b>vino blanco</b>	<b>vee-noh blahn-koh</b>
wine, red		<b>vino tinto</b>	<b>vee-noh teen-toh</b>

DAIRY PRODUCTS	los	productos lácteos	proh-dook-tohss lahk-teh-ohss
<b>b</b> butter	la	<b>mantequilla</b>	<b>mahn-teh-kee-yah</b>
<b>c</b> cheese	el	<b>queso</b>	<b>keh-soh</b>
cream	la	<b>crema</b>	<b>kreh-mah</b>
› sour		› <b>agria</b>	› ah-gree'ah
› whipping		› <b>para batir</b>	› <b>pah-rah bah-teer</b>
cream cheese	el	<b>queso crema</b>	<b>keh-soh kreh-mah</b>
creamy cheese	el	<b>requesón</b>	<b>reh-keh-sohn</b>
<b>i</b> ice cream	el	<b>helado</b>	<b>eh-lah-doh</b>
	la	<b>nieve</b>	<b>n'yeh-veh</b>
<b>m</b> margarine	la	<b>margarina</b>	<b>mahr-gah-ree-nah</b>
milk	la	<b>leche</b>	<b>leh-cheh</b>
› powdered		› <b>en polvo</b>	› ehn <b>pohl-voh</b>
› pasteurized		› <b>pasteurizada</b>	› pahss-teh-oo-ree-sah-dah
› whole		› <b>entera</b>	› ehn-teh-rah
› skim		› <b>descremada</b>	› dehss-kreh-mah-dah
› low-fat		› <b>semi-descremada</b>	› seh-mee-dehss-kreh-mah-dah
› cow's		› <b>de vaca</b>	› deh vah-kah
› goat		› <b>de cabra</b>	› <b>deh kah-brah</b>
<b>y</b> yoghurt	el	<b>yogurt</b>	<b>yoh-goor</b>

¿Hay café?

Do you have/is there any coffee?

¿Dónde puedo comprar tortillas de trigo?

Where can I buy flour tortillas?

For more cruiser Spanish, check out:  
the book - *Spanish for Cruisers* by Kathy Parsons  
and the website - [www.spanishforcruisers.com](http://www.spanishforcruisers.com)

For the French-speaking countries - *French for Cruisers* by Kathy Parsons  
[www.frenchforcruisers.com](http://www.frenchforcruisers.com)